



NHS Fife Department of Psychology

# Children's books for Coping with Bereavement

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## Children's Books for Coping with Bereavement

### **Waterbugs and Dragonflies - Explaining Death to Young Children**

Stickney, D. & Ortiz Hernandez, G. (1997)  
Publisher: Pilgrim press/United Church press  
ISBN: 082981180X

### **Helping Children Cope with Grief**

Wells, R. (1988)  
Sheldon Press  
ISBN: 085969559X

### **Grandpa**

Burningham, J. (1998)  
Publisher: Harmondsworth (Puffin books)  
ISBN: 0140508414  
A storybook for children to help them deal with loss of a grandparent.

### **A Teenage Guide to Coping with Bereavement**

Darwen, S. (2002)  
Publisher: High Wycombe, Bucks - Child Bereavement Trust  
Leaflet aimed at helping teenager's cope with the death of someone close to them.  
Considers issues such as guilt and blame, confusion, physical effects, delayed grief, the funeral, friends and family, school, coping, memories, and counselling.

### **When Someone Very Special Dies: Children can learn to cope with grief.**

Heegaard, M. (1991)  
Publisher: Minneapolis - Woodland Press  
Designed to teach basic concepts of death and to help children aged 6-12 understand their feelings when someone special dies. To be illustrated by children.

### **Someone died: 'It Happened To Me'**

Thomas, Jenni et al. (1997)  
Publisher: High Wycombe, Bucks - Child Bereavement Trust (Please see website)  
Video (25mins) for children and adolescence who have experienced the death of someone in their family.

### **I Miss You: First Look at Death**

Thomas.P (2001)  
Publisher: Barron's Educational Series

### For Young Children

#### **Help Me Say Goodbye: Activities For Helping Kids Cope When A Special Person Dies**

Silverman, J. (1999)

Publisher: Fairview Press

When Dinosaurs Die: A Guide to Understanding Death

Brown, L.K. & Brown, M. (2004)

Publisher: Little Brown and Company

#### **Helping Children Cope With The Loss of A Loved One: A Guide For Grown Ups.**

Kroen, W.C. & Espeland, P (Editor) (1996)

Publisher: Free Spirit

#### **Finding A Way Through When Someone Close Has Died: What It Feels Like and What You Can Do to Help Yourself – A Workbook by Young People for Young People.**

Mood, P. & Whittaker, L. (2001)

Publishers: Jessica Kingsley London

ISBN: 1853029203

### Books For Parents Of Children Affected By Bereavement:

#### **A Child's Grief: Supporting A Child When Someone In Their Family Has Died.**

Stokes, J. & Crossley, D. (2005)

Publisher: Gloucester-Winston's Wish

ISBN: 0953912310

### Books For Parents/Relatives Supporting A Child Through A Bereavement

#### **Good Grief: Exploring Feelings, Loss And Death With Under Elevens: A Holistic Approach.**

Ward, B. (1995)

Publisher: Jessica Kingsley London

ISBN: 1853021628

