

# Sam's Fife

## Mental Health Drop-In



*Time - Space - Compassion*

### **Available Across Fife**

*1-2-1 Peer support*

*No appointment needed*

*16yrs plus (and no longer  
in school education)*

### **Opening Times**

*Please see website for  
locations and times*

[www.samsafe.org.uk](http://www.samsafe.org.uk)

