

Programme

12.00 - 12.30pm	Arrival/Lunch
12.30pm	Introduction
12.40pm	Marketplace Activity 3 minute information sessions to tell you more about each organisation.
13.40pm	Marketplace Conversations Your opportunity to go back to any organisation with questions or to make a request for access to their service.
14.40pm	Break - Tea/Coffee
14.55pm	Sandra's Story – How things can change
15.30pm	Mingle/Activities
15.45pm	Closing Comments

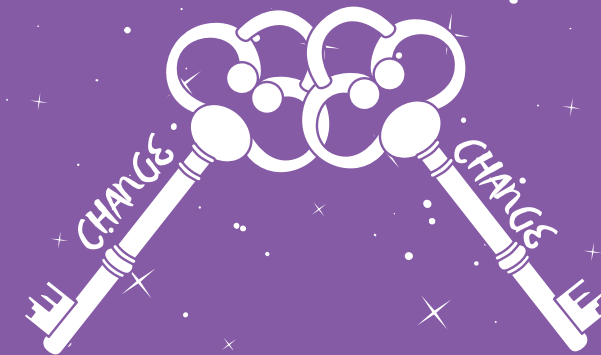
Craft Activities suitable for both adults and children available throughout the event

Scottish Families Affected by Alcohol and Drugs is a national charity that supports anyone concerned about someone else's alcohol or drug use in Scotland.

For the first time, we have a rights-based strategy which places families affected by alcohol and drugs at its heart and we are working with families across Scotland to ensure they know about these new rights, and can claim them for themselves.

You can find out more about the work we do at www.sfad.org.uk

If you are concerned about someone's alcohol or drug use contact us today on our free and confidential helpline: 08080 10 10 11



#MyFamilyMyRights Keys to Change



My Family, My Rights Family Event (Lunch Included)

Saturday, 22 February 2020
12 NOON – 4.00 PM

Beverage Suite,
The Adam Smith Theatre, Kirkcaldy

Welcome to our **My Family My Rights** Fife event!

Scottish Families have organised this free family event to speak with you and your family about the rights you are entitled to. We have invited a wide range of local and regional services from across Fife to take part in a marketplace that will give you an opportunity to hear about how they can support you to access your rights.



Rights, Respect and Recovery

The Scottish Government's national alcohol and drug strategy aims to improve health by preventing and reducing alcohol and drug use, harm and related deaths and introduces what we, Scottish Families, have describe as 'transformational rights' for families.

The Strategy's Vision

Scotland is a country where 'we live long, healthy and active lives regardless of where we come from' and where individuals, families and communities:

- have the right to health and life - free from the harms of alcohol and drugs
- are treated with dignity and respect
- are fully supported within communities to find their own type of recovery

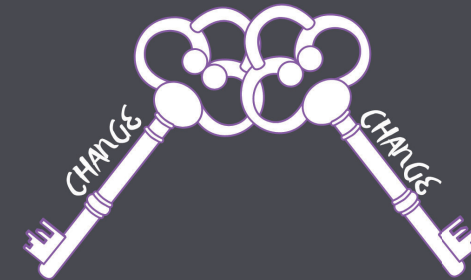


For families, the Strategy makes three specific Commitments:

Family members will have access to support in their own right and, where appropriate, will be included in their loved one's treatment and support.

All families will have access to services provided through a whole family approach.

Children, parents and other family members are involved in the planning, development, and delivery of services at a local, regional and national level.



What does this mean for families?

It is recognised within the strategy that '**THE WHOLE FAMILY NEEDS SUPPORT**' and that Family members can play an important role in supporting the recovery of a loved one but also need support in their own right.

Families can mean - **anyone** who is concerned about someone else's drug or alcohol use, including family members, carers, friends, neighbours, siblings, older children, partners, parents, grandparents, formal and informal kinship carers, work colleagues or anyone we may have missed.

This means that families have access to support in their own right and are recognised and supported **even if their loved one is not in any form of treatment.**